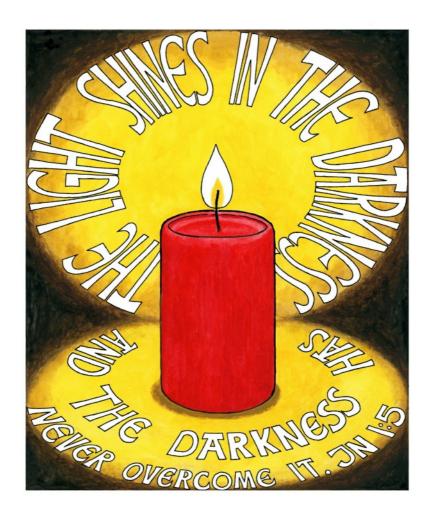
KINGSDOWN MESSENGER



December 2018 - January 2019

SERVICES FOR DECEMBER/JANUARY 2019 Dec

2 Dec	10.30 2.00	Mrs Regina Prempeh CIRCUIT SERVICE at King's Hall		
9 Dec	10.30	Rev Susan Male, Family/Parade/Gift Service		
16 Dec	10.30	Rev Susan Male, Holy Communion		
23 Dec	10.30 6.30	Local Arrangement Carol Service		
24 Dec	11.15	Rev Susan Male, Christmas Eve, Holy Communion		
25 Dec	time tbc	Rev Susan Male, CHRISTMAS DAY		
30 Dec	11.00	CIRCUIT SERVICE, Greenford		



Jan 2019

6 Jan	10.30	Deacon Lemia Nkwelah	
13 Jan	10.30	Rev Susan Male, COVENANT SERVICE Holy Communion	
20 Jan	10.30	Rev Susan Male	
27 Jan	10.30	Local Arrangement	

The KINGSDOWN MESSENGER Copy deadline for the February 2019 issue is Friday XX January 2019

Editors - Pam and Alan Smith E-mail: magazine@kingsdownmethodist.org.uk

Dear Friends



The email came from Lee (at Ealing Green), telling us all that something exciting would soon be happening ... something new ... something unexpected when? on ...25 December ... what was it again Lee?

There was I, thinking ...gosh ... this is very early ... and then ping A similar note came in, asking for the letter from Alan (at Kingsdown) I wasn't sure whether I wanted to accept that I should be beginning to feel Christmassy or not But that word is beginning to creep into church vocabulary. In fact in the pub where I sometimes go to eat my lunch the Christmas Tree has been up since mid-November.

I am sure that most of us (if not already!) will be feeling Christmassy soon enough - Carol services, Nativity plays, Christingles, parties, and even Santa ... its definitely happening

We await the birth – or the memory of a birth – of a baby boy – born into the world much as it is now – full of joys, full of sorrows, full of love, full of anger and violence.

It is impossible as we approach Christmas this year not to see through the tinsel and the balloons to the real world – where certainly many are happy, and prosperous, and healthy and loved But also where people are homeless, landless, frightened, oppressed and poor. If we notice nothing else from parliament's debates about Brexit and Syria and Yemen and Saudi Arabia, we notice how difficult the decisions are... how hard, it is to know the way forward.... How much the entire world needs prayer ... needs the wisdom of God.

This was the world Jesus was born into ... the reality of a mixed world Where reflection focuses as much on what is wrong as what is right.... As much on memories of "Christmases past" as on the joys of the present ... and the blessings of being with those we are with.

Its ok – amongst the tinsel – to be real ... to think of your life, the world, the church as it is and to bring it, and your part in it to God in prayer. If we do, try to "be real" this Christmas time ... we might even be surprised

This was what brought Christmas alive for me last year ... very simple ... very ordinary ... very special ...

It was a nice evening, and I fancied walking to the Circuit Meeting that was to be held at Trinity Church in Harrow. I set off ready to arrive about 15 minutes early so that I could get a coffee before the meeting. The route was unfamiliar to me. I had not walked it before. I therefore followed the GPS on my phone. It worked well. I almost arrived ... but almost isn't good enough! I was five minutes away with 20 minutes to spare. BUT the GPS led me to the middle of nowhere ... no church ... no people ... just houses.

I walked up and down for a bit. I knew I was nearby ... but simply could not find the church. I asked someone and they had no idea where it was. A few minutes later a young woman passed me with her headphones in her ear. Realising that I wanted to ask her something, she took them out of her ears, and I explained that my eye sight was poor and I could not find the church. She replied in the rather broken English of one fairly new to our nation that she had never heard of it, so I told her not to worry and continued my street search... annoyed by now (with myself) since it was nearly 8 O'clock and I hate being late!"

I wandered around for about another 15 minutes, and then turned as I heard someone running and calling out "Excuse me, excuse me ... I have found your church". It was the young woman ... she had evidently seen the church on her way home ... and had come back to find me to tell me where it was. In the event, she not only told me where it was (we were a good five minutes from it) but walked me there, and then told me to have a good evening!

This woman ... for no reason ... no gain on her part ... gave me half an hour of her time and took me to exactly where I needed to go. Would I have done that for someone else? Would you? People say that our streets are not friendly ... on this evening, in this place, for me how wrong they were.

This is Christmas. I have thought much about this woman and what she did. Look for these kind of moments this Christmas, and maybe ... make a few yourself too.

Jesus isn't tinsel flapping in the wind, but he is the light that brings hope and joy and humanity and love into every time and every place in every situation.

If you want to "Be Real" this Christmas, you will find God at work ... being "real" with you!

Have a lovely Christmas though And enjoy every minute of it!

With my love and prayers
Sue X





Family News

To all those of our church members who are unwell at this time, and those having mobility problems, we send good wishes for speedy recoveries. . **Sybil Corbin** is due to have an operation on her foot in December, so is also likely to be missing for a while.

Please continue to keep **Mary Osborne** in your prayers following her admission to hospital.

Our Superintendent, **Rev Rachel Bending**, has been missing for a while and it is hoped her treatment has been successful and she is now feeling a lot better.

Unfortunately, following a series of falls and a spell in hospital, it has been necessary for **Evelyn Sangster** to move into a care home to be near her relatives. Her new address is Lynwood Court, Lynwood Village, Rise Road, Ascot SL5 0FG. Tel 01344 298100 - and she will be pleased to hear from you.

Jill Ward has asked for the following message to be conveyed to everyone.

"CHRISTMAS MESSAGE from Barton-on-Sea

Although we are far away our wishes are sincere, That you will have a very happy and Holy Christmas And all good wishes for the coming year.

God Bless you. Jill & Roy"



A VERY HAPPY AND BLESSED CHRISTMAS AND NEW YEAR TO ALL OUR READERS

As in previous years, **Pam** and **Alan** will be making a donation to **All We Can** in lieu of sending cards to our friends at Kingsdown but extend to you all our very best wishes for the Christmas season and the year ahead.

CBSI Bible Studies

For the time being due to the shorter days we are changing our time of study to 14.00-16.00 in the foyer on Thursdays.

At the moment we are nearly halfway through an 18 week study into Revelation and would welcome new members.

Guide books for the 18 week course cost £10 and are available from Olwen Britton



EALING CHURCHES WINTER NIGHT SHELTER AT KINGSDOWN

Hosting for the homeless started on Sunday, 25 November, and will continue on the next three Sunday nights until 16 December.

Many other churches in the Ealing area are also participating each night during the winter until the shelter closes at Easter. Please remember all those involved - staff, trustees, volunteers and guests - on your prayers.



Methodist Homes Book Fair

The recent book fair raised £274 79p and I would like for older people to thank all who took part in it.

Olwen Britton



Nativities Exhibition

I have organised for children from local schools to come and see our nativities exhibition at the following times:

Mon 10 December 9.30am - 11am

Mon 10 December 1.30pm - 3pm

Weds 12 December 1.30pm - 3pm

Thurs 13 December 10.45am - 11.30 am

Fri 14 December 10.45am – 11.30 am

In addition we hope to have an open morning for others to visit on Saturday 15th December

Each visit will consist of a time for the children to look at the nativities, and a time for them to look at The Christmas story with me. If you would be willing to volunteer to help them to get the most out of looking at the Nativities, or just to help out generally at these times, I would be very grateful. Please let me know which time suits you, so that I can be sure to have all covered.

IMPORTANTLY this means that the church will need to be set up, and the nativities put out. If you are willing to set up or help set up please be in touch.. This is not something I will be able to do myself, and therefore your help would be invaluable.

Thanks. Sue Male



Kingsdown Gifts Sunday – 9th December



Gifts Sunday is on December 9th when we will be collecting gifts for our Charity of the Year, the Log Cabin. Below is a list of suggested items kindly supplied by the charity.

- Arts and Crafts resources
- Board Games
- Role play work bench and home corner resources (plates, food, cutlery etc.)
- Small world toys (cars / trains / villages)
- Puzzles (baby up to 50 pieces)
- Outdoor resources balls etc
- Cause & effect toys e.g. Vtech keyboard

Loving, generous Father

This Christmas, please help us to keep you at the centre of our preparations and celebrations. May our thankfulness for the gift of your precious son, Jesus, motivate all that we think and say and do. May the joy of His coming shine from us and attract those who don't know what Christmas really means, so that they want to find out!

In Jesus' name and for His glory, Amen

Daphne Kitching





Itimately our greatest joy is when we seek to do good for others. (Desmond Tutu)



Contribute a prayer to the Methodist Prayer Handbook 2019/20

CHURCH Responding to the Gospel

Would you like to contribute a prayer to the Methodist Prayer Handbook?

The theme for the next Methodist Prayer Handbook is inspired by Our Calling. It will explore how we are called to respond to the gospel by demonstrating God's love, grace and generosity.

Our response should involve action as well as prayer and we are strengthened when we work in partnership with followers of Christ locally, nationally and internationally. The 'gospel' is understood in its broadest sense and includes the whole arc of the biblical narrative and beyond.

The Editor would also welcome prayers for the general pages at the front of the Handbook on these themes:

the integrity of creation the comforting presence of God justice adoration and thanksgiving confession times of life times of day

Prayers should not exceed 120 words and should be emailed here by 11 January 2019. prayerhandbook@methodistchurch.org.uk

Please do send any photos (your own copyright) to help to bring your prayer to life or that capture the work of the Methodist Church, either in this country or around the world. Photos should be emailed to the above address and should be sent in their original size.

(Please note, if your photo includes other people, you will need their consent for it to be published in the handbook). For full details please visit: Methodist Prayer Handbook submission guidelines.

https://www.methodist.org.uk/our-faith/prayer/methodist-prayer-handbook/

Boys' Brigade



The Boys' Brigade at Kingsdown is enjoying a very busy Autumn Session.



In October we hosted a Training Day for a dozen Queen's Badge Candidates, most of whom came from our own Company. The Queen's Badge is the highest BB award, and this day of teaching begins the year of work required to attain the badge.

The Boys (and their parents) turned out in good numbers special for the very Remembrance Sunday 100 service. The Band was in fine form (with Old Boy and Queensman SSqt Nathan Howard returning to wield the mace for old times' sake). Our Boys took on various responsibilities during the worship including giving the Old Testament Reading and





taking part in the traditional ceremony itself. It really was a lovely morning and you can find a short video on our Facebook and YouTube pages (search 10th Ealing BB).

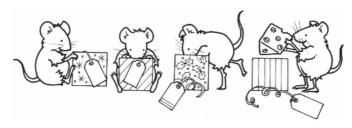
The always-popular West London 5-a-side Football Competition took place in Hayes on Saturday 17 November. We entered teams in the Junior, Company and Senior categories and, as we usually come home with a trophy, we had high expectations of doing reasonably well. As ever, the Boys amazed us with their teamwork and determination: we came home with not one, not two, but all three cups! What an amazing and unprecedented achievement. We were truly blown away and, more importantly, they behaved with impeccable manners and good grace on and off the pitch.

Our Friday night meetings continue to be frenetic and fun, and Revd Sue Male, Company Chaplain, is a regular and welcome visitor and is getting to know the Boys (82 on the register) very well.

The uplifting comments and kind words given by members of the church family are always lovely to hear -- David, Mark and I are so very grateful for your prayers and support.

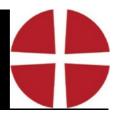
Tony Plews Company Captain







INDONESIA EMERGENCY APPEAL



Statement and prayers from the President and Vice-President of the Methodist Conference and from All We Can

Our hearts, thoughts and prayers go out to all affected by the earthquake and tsunami on Sulawesi Island in Indonesia.

The President and Vice-President of the Methodist Conference, the Revd Michaela A Youngson and Bala Gnanapragasam, share in the shock of all who have heard the news of the devastating tsunami.

"Our thoughts and prayers are with those who have lost so much; those who have been bereaved, those who have been injured and those searching in fear and dismay for their loved ones."

"We know that our Methodist family will respond generously to appeals for money and will pray for the swift rebuilding of the communities so devastated by this disaster."

Prayers

Almighty God, Father of all mercies and giver of all comfort, deal graciously with those who mourn, that they may cast every care on you, and know the consolation of your love.

Remember, O Lord, those who are sick or suffer pain, especially those who have been injured on Sulawesi. Comfort them by your presence, sustain them by your promises, and grant all who have been affected your peace.

In the name of Jesus Christ, our Lord. Amen.



This picture shows life in a make shift camp in Natabaru, Palu district, Indonesia's central Sulawesi. People fled the nearby town of Petobo, which was severely damaged when an earthquake and tsunami hit the area on 28th September.

"Mudslides and liquefaction moved my house about 300m away from his original site", said one of the displaced people in the camp.



Give now - Gift Aid it if you can

On-line: https://allwecan.org.uk/give/make-a-donation/

Call: **020 7467 5132**

Or post to: All We Can, Church House 25, Marylebone Road. London NW1 5JR.

Extraordinary Gifts from All We Can

Practical gifts that help people in some of the world's poorest communities to become all that they can.



From helping a refugee child recover from the trauma of war to ensuring vulnerable women start new businesses, find out how your gifts for friends and family can really change lives.

Simply choose a gift for a friend or family member from our selection and we'll send you a colourful card for you to personalise and give.

You can also help by giving an Extraordinary Gift this Christmas See the Catalogue in the Church Foyer or go on line to: https://allwecan.org.uk/shop/

and select from the range.

Some examples here:

£25 could supply vulnerable young people and women in rural Ethiopia with the tools and training they need to set up tree nurseries and grow indigenous trees. What a tree-mendous gift!



From the sale of the trees, families can earn a living while improving their local environment.

£15 A refreshing offer of two Precious water gifts for £15 means you will be making an even bigger splash!

This special offer provides you with two cards to send to your family and friends.



£28 could provide a vulnerable family in India with a goat, as well as training in how to rear and care for it.

Goats not only provide milk; their manure is excellent for compost – thereby increasing the amount of food a family can grow and ensuring they have a nutritious diet.



KINGSDOWN CLUB PROGRAMME For JANUARY TO APRIL 2019

MEETINGS ARE HELD ON THE FIRST AND THIRD TUESDAY OF EACH MONTH AND ALL ARE WELCOME TO ATTEND. WE MEET IN THE FOYER OF THE CHURCH ON THE CORNER OF KINGSDOWN AVENUE/ NORTHFIELD AVENUE FROM 2.00 TO 4.00PM

TRANSPORT IS AVAILABLE FOR ANYONE WHO SHOULD NEED IT. PLEASE CONTACT EILEEN TOBIAS [TEL.0208 567 4205 FOR DETAILS.

JAN 8th A BINGO AFTERNOON

JAN 22nd To be advised

FEB 5th A Painting Demonstration by Les Goodchild

FEB 19th GRAHAM JENKINS PLAYS FOR US

MAR 5th ALAN SMITH - Pic and Mix

MAR 19th DAVE PLAYS FOR US

APR 2nd THE CAROLINERS

APR 16th BINGO & QUIZ AFTERNOON



Love at Christmas

(based on 1 Corinthians 13)

If I decorate my house perfectly with plaid bows, strands of twinkling lights and shiny balls, but do not show love, I'm just another decorator.

If I slave away in the kitchen, baking dozens of Christmas cookies, preparing gourmet meals and arranging a beautifully-adorned table at mealtime, but do not show love, I'm just another cook.

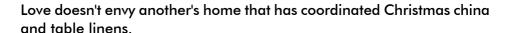
If I work at the soup kitchen, sing carols in the nursing home and give all that I have to charity, but do not show love, it profits me nothing.

If I trim the spruce with shimmering angels and crocheted snowflakes, attend a myriad of holiday parties and sing in the choir's cantata but do not focus on Christ, I have missed the point.

Love stops the cooking to hug the child.

Love sets aside the decorating to kiss the family.

Love is kind, though harried and tired.



Love doesn't yell at the kids to get out of the way, but is thankful they are there to be in the way.

Love doesn't give only to those who are able to give in return but rejoices in giving to those who can't.

Love bears all things, believes all things, hopes all things, endures all things.

Love never fails.

Video games will break, pearl necklaces will be lost, golf clubs will rust, but giving the gift of love will endure.



The adventure of English

In Melvin Bragg's book, he tells us how the English Language developed in spite of the incursions of the Germans, Scandinavians, French and other invaders. This has resulted in the plural form taking on many aspects, some Old English, some German, some French. He quotes a "scroll of doggerel" which he says is in use even today. I can't think that I've been taught it, but it does show why English is so hard to learn as a second language, compared to German where, always, you seem to say what you see:

We'll begin with a box and the plural is boxes, But the plural of ox should be oxen not oxes,

Then one fowl is goose, but two are called geese, yet the plural of mice should never be meese.

You may find a lone mouse or a whole load of mice, but the plural of house is houses not hice.

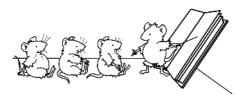
If the plural of man will always be men, why shouldn't the plural of pan be called pen?

The cow in a plural may be cows or kine, but the plural of vow is vows not vine.

I speak of a foot and you show me feet, If I give you a boot, would a pair be a beet?

The masculine pronouns are he, his and him, but imagine the feminine - she, shis and shim!

So our English, I think you all will agree is the trickiest language you ever did see.



Christmas and St Luke's Gospel



It is to St Luke's wonderful gospel that many Christians turn as the year draws to a close and Christmas approaches, for it is to St Luke that we owe the fullest account of the nativity.

Luke alone tells us the story of Mary and the angel's visit to her, and has thus given the Church the wonderful Magnificat of Mary.

Luke alone tells us the story of Simeon's hymn of praise, thus giving us the wonderful Nunc Dimmittis. Imagine an Anglican evensong without the Nunc Dimmittis.

Luke alone tells us the story of how the angels appeared to the shepherds and how the shepherds then visited the infant Jesus. So – imagine Christmas cards and nativity scenes every year without the shepherds arriving to visit baby Jesus. Imagine school nativity plays without our children dressed as shepherds or sheep. So – thank you, Luke!

What makes it so amazing is that Luke was not a Jew! The man who wrote the fullest nativity story, and indeed more of the New Testament than any other single person, was a Gentile!

Christmas 2018



Gifts for Life by Traidcraft A catalogue of alternative gifts

Traidcraft catalogues are not circulating and you may wish to see the Christmas cards, calendars, gifts etc. If you are interested, please let me know and I will forward a catalogue immediately.

Ruby Warne

There are times when nothing is often a good thing to do and a clever thing to say.

Ealing Newman Circle Talks: Christian Discipleship Today – next on Thursday 24th January 2019

Following the success of the series of talks on the Reformation, the Ealing Newman Circle has put together a series of talks under the title 'Christian Discipleship Today' which aim to examine some of the practical ways in which Christians are attempting to give witness to their stated belief in Jesus. Talks begin at 8.00pm and will last for 40-45 minutes and take place at Ealing Abbey, Charlbury Grove, Ealing, W5 2DY.

24th January 2019:

"Christians Against Poverty/Northfields Job Club" - A Pambakian

28th February 2019:

"Globalisation and Inequality" - Professor Philip Booth

28th March 2019:

"Refugees and Asylum Seekers" - Sarah Teather, Jesuit refugee service

16th May 2019:

"Counselling Today" - Ginny Ellis, Ealing Abbey non -denominational service .

Ealing Charity Christmas Card Shop – until Wednesday 19th December



The Ealing Charity Christmas Card Shop at the Church of Christ the Saviour in Ealing Broadway is open Monday to Friday from 10.00am to 3.00pm until Wednesday 19th December.

Tears shed for self are tears of weakness, but tears shed for others are a sign of strength. (Dr Billy Graham)

So, who saved Christmas?

After the Civil War, when Oliver Cromwell and his Puritans abolished Christmas celebrations (amongst other things), Christmas was just another working day and nobody wished each other 'Happy Christmas' because it wasn't!

Even the restoration of the Monarchy didn't help matters and by the early 19th century, the burgeoning industrial revolution was taking over. A lot of villagers had moved to the towns and cities. Industrial output was the prime consideration and it seemed that the rural Twelve Days of Christmas celebrations would soon be confined to history.

Then, in 1843, 'A Christmas Carol' by Charles Dickens was published and, although he was hoping that Christmas might return to the more joyful times that his forebears had known, what he really wanted was to turn a profit from his book. So, to publicise the book, he gave readings of his tale, sometimes for charity but usually for a fee for himself. But so many people were touched by the story and by his 'gift of the gab', that some of the factory owners decided that perhaps they should shut their premises on Christmas Day and give their workers the day off to be with family and friends!



As a child, Dickens' life had been bleak. He'd worked in Warren's boot-blacking factory and his own parents were never as family-minded as the Crachits. Ironically, through this best-seller and his subsequent writings, he became as rich as his hero, Ebenezer Scrooge. All the money he made turned him into a passionate champion of the poor, campaigning for changes to the child labour laws and improvements to the conditions in the workhouses.

'A Christmas Carol' really caught on, as did the Christmas celebrations that he had written about. No longer did people work on the day itself but the return to a twelve-day party was not to be achieved until our own recent times.

But people could, and did, spend Christmas Eve and Christmas Day with their families, and they could also find time to spread a little goodwill among the poorer people of the towns.

So, who saved Christmas? Why, Ebenezer Scrooge of course!



A PRAYER OF INTERCESSION from ALL WE CAN

Jesus Christ, born in a stable -Be with those who are without a home.

Jesus Christ, born of Mary -Be with vulnerable women across the world.

Jesus Christ, visited by shepherds -Be with all who work hard but still struggle to provide for their needs.

Jesus Christ, worshipped by Magi -Be with those who are persecuted for their difference.

Jesus Christ, who became a refugee -Be with those who live in fear and uncertainty. **Amen**

DON'T GROW TIRED

Don't grow tired of being helpful
Don't get bored with being nice.
Don't lose heart with being hopeful
When you want to sulk - think twice.
Don't let little things upset you
Don't be easy to annoy.
Don't be miserable for nothing
There is plenty to enjoy.
Go on trying to be decent,
Go on working to be kind.
Let the blessings of a lifetime
Take the worries off your mind.

Attributed to K M Watson (and submitted by Val Elgar)

CAP is worth millions to UK economy



Recent research by the London School of Economics has found the debt charity, Christians Against Poverty (CAP) contributes £32 million to the UK economy. It seems that for every pound the Christian debt charity spent, it benefitted the wider society four times as much.

The LSE also said CAP provides 'crucial' face-to-face support and goes far beyond simple debt advice.

Christians Against Poverty was founded by John Kirkby in Bradford in 1996. He believed God was calling him to sacrifice his career in finance and use his knowledge of the industry to help the poor. Over the past 22 years, CAP has negotiated with creditors, set up budgeting systems and offered a lifeline to those trapped in debt.

Nowadays, CAP runs 645 various projects with churches across the UK, including job clubs and debt advice.

See the Ealing Newman events on p 19

24th January 2019:

"Christians Against Poverty/Northfields Job Club" - A Pambakian





A little girl was sitting on her grandfather's lap as he read her a bedtime story. From time to time, she would take her eyes off the book and reach up to touch his wrinkled cheek. She was alternately stroking her own cheek, then his again.

Finally she spoke up, "Grandpa, did God make you?" He answered, "Yes, sweetheart, God made me a long time ago." She paused, then said, "Grandpa, did God make me too?" Grandpa told her that God made her just a little while ago.

The little girl looked up and said, "God's getting better at it, isn't he?"

COMING EVENTS DECEMBER

Mon 8.00 pm Guides (most Mondays throughout term time)

Tue 4 2.00 pm Tuesday Club - A Christmas Pic & Mix by Alan Smith

Wed 1-3 pm Babies & Toddlers (term time only - finishing 12 Dec

& re-opening 16 Jan 2019)

Thu 2.00 - 4.00 pm CBSI UK Bible Studies in Foyer

Fri 10.15 am Coffee Morning in Foyer - everyone welcome

BOYS BRIGADE 6.30-7.30 pm Anchor Boys, 6.30-8.00 pm

Junior Section, 7.30-10.00 pm Company Section.

(Every week during Term Time)

Sat Coffee & Chat in the Foyer from 10.30 am - all welcome.

Tue 11 Lis & Steve Palmer's Home Group

Tue 18 2.00 pm Tuesday Club - Christmas Tea Party - Dave entertains

Sun 23 6.30 pm Carol Service

Mon 24 Christmas Eve 11.15 pm Rev Susan Male, Holy Communion

Tue 25 Christmas Day time tbc Rev Susan Male



FUTURE DATES FOR YOUR DIARY JANUARY 2019

Wed 9 Jan 8.00 pm Property Committee

Wed 16 Jan 7.30 pm Mission & Outreach Committee

Thu 14 Mar 8.30 pm Finance Committee